

Almond Flour! Gluten Free & Paleo Diet Cookbook: 47 Irresistible Cooking & Baking Recipes for Wheat Free, Paleo and Celiac Diets (Gluten-Free Goodness Series)

Donatella Giordano



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Almond Flour! Gluten Free & Paleo Diet Cookbook: 47 Irresistible Cooking & Baking Recipes for Wheat Free, Paleo and Celiac Diets (Gluten-Free Goodness Series) Donatella Giordano Irresistible Recipes for Cooking and Baking with Almond Flour

***From the critically acclaimed, best-selling author of "Coconut Flour! 47+ Irresistible Recipes for Baking with Coconut Flour: Perfect for Gluten Free, Celiac and Paleo Diets" ***

In addition to its numerous health benefits, almond flour is a delicious gluten-free alternative to conventional wheat-based flour. **Whether you're:**

- Looking to add some exotic flavor to your baking repertoire
- A diagnosed Celiac
- Following the Paleo diet (or another gluten-free diet)
- Just in love with the great taste of Almonds
- A seasoned gluten-free/low carb veteran
- Just starting out with a gluten or wheat-free diet
- This book is for you.

Donatella Giordano shows you with everything you need to cook and bake tasty, varied, and guilt-free meals and treats that will impress even the most die-hard gluten/wheat addicts (we all know one!). She even shares the secret of you how to make your own almond flour for cheaper than you can buy it in stores!

Not just another recipe book:

Unlike other almond Flour and Gluten-Free Recipes which stop at simply providing a list of smoothie recipes together with some generic/stock pictures of baked treats, this book includes everything you need to know about living gluten-free and provides the complete nutritional breakdown for each of the 47 delicious recipes.

In addition to being delicious, almond Flour is packed with benefits including being:

- Completely Gluten Free
- Cheap and Easy to buy or make at home
- High in Vitamin E, Magnesium, Iron and Calcium
- Low on The Glycemic Index (Low GI)
- High in Protein
- High in Fiber
- Low in Carbohydrate

Get your copy at the low introductory price and take charge of your gluten-free life today! Bon Appétit!

Now including SPECIAL BONUS eBOOK! : Gluten Free Living Secrets

This is an exclusive publisher bonus available for our readers only, here's just a taste of what you will discover inside:

- * eliminating gluten from your child's diet
- * transform your pantry to be gluten-free
- * A list of essential gluten-free shopping tips
- * keep your kids happy around their gluten-eating friends
- * Tips on staying gluten-free when eating out

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Jason Serrano:

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