



# The Psychopath Exposed: Understanding and Dealing with an Emotional Predator

Jonas Warstad

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# THE PSYCHOPATH EXPOSED: UNDERSTANDING AND DEALING WITH AN EMOTIONAL PREDATOR is not just another book about psychopaths/sociopaths...

## It saves you time!

This is a short and time-saving book. You can read it in about 1 hour, and get all the information you need to understand and deal with a psychopath/sociopath.

## Yes it also teaches you how to DEAL with a psychopath/sociopath!

Dealing with psychopaths will naturally cause controversy, with some claiming that it's dangerous, or impossible. I never liked the word Impossible. Make no mistake however. While I designed the methods in my book to be as safe as possible, dealing with a psychopath/sociopath is ALWAYS potentially risky, regardless of whether you do nothing -- or something.

BUT I don't underestimate the intelligence of YOU, the reader, so I list ALL my methods, whether some consider them "dangerous" or not. Naturally it is up to you to decide which method you should use.

## Yes I also write about the usual... how to understand a psychopath/sociopath

What is the typical psychopath behavior?

Are all psychopaths the same?

Do psychopaths have any "normal" feelings and needs?

Do psychopaths have any "normal" relations with other people?

Why does a psychopath care so little about other people and their feelings?

Why and how does a psychopath manipulate you?

Why and how does a psychopath enter a "romantic relationship"?

Is psychopathy curable?

Are psychopaths evil?

How do you deal with a psychopath?

How do you discontinue a relationship with a psychopath?

## Who is this book for?

This book is first and foremost written for regular people and will, in a quick and easy way, explain all you need to know about psychopaths for practical purposes: what a psychopath is and how they "think," with practical tips on what you can do to prevent being emotionally and psychologically compromised if you work or live with a psychopath or have a psychopath in your family.

Often extremely difficult to work with and very possibly unsafe or impossible to live with, if YOU know someone who you suspect is a psychopath, then this is the book for you!

#### **About The Author**

A deep thinker and keen observer of human nature, Jonas Warstad has been studying individual and group behavior for many years. His own observations, insights and conclusions, combined with his studies in popular psychology, philosophy, strategic thinking, positive thinking, mysteries of the mind and various healing modalities, have led to the writing of his books: The Bully Exposed: The Secrets of Dealing with Bullies at Work; The Secrets of Dealing with Difficult & Annoying Co-Workers; and The Psychopath Exposed: Understanding and Dealing with an Emotional Predator.

Born and residing in Sweden, Jonas is also an instructor of self-defense (close quartets combat), body language and facial expressions, mantra meditation, and the Law of Attraction. Additionally, he offers

courses for beginners in Energy Medicine and EFT. He explains "While this may sound like I 'try to know everything', it is in fact no more than my never-ending curiosity about how to improve one's life, and I read books and do courses with the same appetite that a chocolate addict eats chocolate. Having a wide knowledge puts things in a bigger perspective, and makes me realize how everything is connected."

For more information about Jonas Warstad, direct links to his books, and a list of resources and recommendations, please visit his website:

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### **Detra Satterwhite:**

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### **Ruth Westlund:**

Exactly why? Because this The Psychopath Exposed: Understanding and Dealing with an Emotional Predator is an unordinary book that the inside of the publication waiting for you to snap the item but latter it will jolt you with the secret the idea inside. Reading this book adjacent to it was fantastic author who have write the book in such remarkable way makes the content inside easier to understand, entertaining means but still convey the meaning thoroughly. So , it is good for you because of not hesitating having this anymore or you going to regret it. This phenomenal book will give you a lot of benefits than the other book include such as help improving your skill and your critical thinking approach. So , still want to delay having that book? If I were being you I will go to the book store hurriedly.

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