



The Way of the Ninja: Secret Techniques

Masaaki Hatsumi

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A Ninja was someone whose very existence expressed the spirit of Budo. He would protect himself with techniques not of assassination but rather of sensation and an acute awareness of his natural surroundings. He would avoid unnecessary conflict, and even if armed with a blade, would find a way to win without staining it. These are the true techniques of Ninjutsu, and the art in which Ninja persistently trained.

Ninja exercised endurance throughout their secretive lives in order to protect their families, their clans, and their country. Their harsh training endowed them with a tough but pliant spirit, and martial skills suitable for coping with any situation, together with a sense of awareness that had universal application.

Dr. Masaaki Hatsumi, Ph. D, is the most famous Ninja grandmaster in the world today. In this book, he explains the essence, truth, and wisdom of Ninjutsu, an art of a thousand forms and innumerable variations. Through perceptive observations and many detailed pictures, the author reveals the hidden reality behind this mysterious and fascinating martial art. *The Way of the Ninja* will help widen readers' perceptions and deepen their understanding of two essential principles. One is that Ninjutsu is the very backbone of the martial arts; the other, that Ninjutsu reveals their true spiritual significance.

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A lot of people always spent all their free time to vacation or perhaps go to the outside with them family or their friend. Did you know? Many a lot of people spent they free time just watching TV, or playing video games all day long. If you need to try to find a new activity here is look different you can read the book. It is really fun to suit your needs. If you enjoy the book that you simply read you can spent the entire day to reading a reserve. The book The Way of the Ninja: Secret Techniques it is very good to read. There are a lot of individuals who recommended this book. These folks were enjoying reading this book. When you did not have enough space bringing this book you can buy the actual e-book. You can m0ore simply to read this book from your smart phone. The price is not too expensive but this book has high quality.

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