



Finding the Body in the Mind: Embodied Memories, Trauma, and Depression (IPA: Psychoanalytic Ideas and Applications)

Marianne Leuzinger-Bohleber

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Since the 1990s many different scientific disciplines have intensified their interest of the so called "mind-body-problem": psychoanalysis, philosophy, academic psychology, cognitive science and modern neuroscience. The conceptualization of how the mind works has changed completely, which has profound implications for clinical psychoanalytical practice as well as for theorizing in contemporary psychoanalysis.

As the clinical examples presented in this book suggest, it is the continuous observation in clinical situations which finally allow the psychoanalyst and his patient to dare to re-experience the trauma directly in the transference. Challenging epistemological and methodological questions are connected throughout with the interdisciplinary dialogue between psychoanalysis and modern neurosciences.

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