



The Little Book of Calm Coloring: Portable Relaxation

David Sinden, Victoria Kay

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Already a bestseller in Australia and the UK, this beautifully illustrated, calming coloring book for adults takes relaxation to the next level—and it's pocket-sized, so you can bring it anywhere!

Alleviate anxiety and soothe all stress with *The Little Book of Calm Coloring*, the perfectly formed, sought-after antidote to a busy life. Beautifully hand-illustrated and thoughtfully designed for portability, you can now take coloring art therapy with you wherever you go. With beautiful tranquil designs, this gorgeous book will help your creativity flourish. Take a short relaxing breather from your stressful day to color calming images and feel inspired by the poignant quotations that accompany each elegant artwork.

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