



This Is Awkward: How Life's Uncomfortable Moments Open the Door to Intimacy and Connection

Sammy Rhodes

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Don't waste your awkwardness.

One of the saddest realities of life is that the things we need to talk about the most, we tend to talk about the least—from bouts with depression to sexual struggles to parent-wounds that never seem to heal. Raise these issues out loud, and wait for the awkward silence. But those awkward moments are precisely where we find connection with God and one another.

In *This is Awkward*, Sammy Rhodes talks directly, honestly, and hilariously (because sometimes we need to laugh) about the most painfully uncomfortable subjects in our lives. In chapters like “Parents Are a Gift (You Can’t Return Them)” and “D is for Depression,” he boldly goes where most of us fear to tread, revealing that we can be liberated by the embrace of a God who knows the most shameful things about us and loves us all the same. Because nothing is too awkward for God.

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