



I Swear I'll Make It Up to You: A Life on the Low Road

Mishka Shubaly

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An odyssey of family, heartbreak, violence, punk rock, brokenness, broke-ness, sex, love, loss, drinking, drinking, drinking, and an unlikely savior: distance running.

A misfit kid at the best of times, Mishka Shubaly had his world shattered when, in a twenty-four-hour span in 1992, he survived a mass shooting on his school's campus, then learned that his parents were getting divorced. His father, a prominent rocket scientist, abandoned the family and their home was lost to foreclosure. Shubaly swore to avenge the wrongs against his mother, but instead plunged into a magnificently toxic love affair with alcohol.

Almost two decades later, Shubaly's life changed again when a fateful five-mile run after a bar fight inspired him to clean up his life. And when he finally reconnected with his estranged father, he discovered the story of his childhood was radically different from what he thought he knew.

In this fiercely honest, emotional, and self-laceratingly witty book, Shubaly relives his mistakes, misfortunes, and infrequent good decisions: the disastrous events that fractured his life; his incendiary romances; his hot-and-cold career as a rock musician; meeting his newborn nephew while out of his gourd on cough syrup. *I Swear I'll Make It Up to You* is an apology for choices Shubaly never thought he'd live long enough to regret, a journey so far down the low road that it took him years of running to claw his way back.

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