



Cooking With Jack - Eat Right And You Can't Go Wrong

Jack LaLanne

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Here's Jack's Brand New Cookbook, Hot Off The Press! It's called "COOKING WITH JACK ~~~ Eat Right and You Can't Go Wrong." Jack decided to write this book in answer to literally thousands of questions about what he eats. This informative book is overflowing with delicious recipes, as well as Jack's straightforward philosophy on nutrition and contemporary tips on your daily diet. We are very excited about this book and know you will be too!



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