



# Life Mantras

*Sahasri' Subrata Roy Sahara*

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## **Life Mantras** Sahasri' Subrata Roy Sahara

"After having gone through the book, you will definitely and convincingly realise that to achieve peace, true happiness, contentment, satisfaction and also to attain continuous progress in life in terms of material gains, respect and love, you need not depend on anybody in this world. It all depends on you. It is all in your hands."—'Sahasri' Subrata Roy Sahara

"Nobody does anything for anyone. All do for themselves either for more and more material gains or to save and escape from any kind of material losses or from mental-emotional dissatisfaction or for getting more and more mental-emotional satisfaction. Therefore, no one sacrifices for anyone. When no one does anything for anyone, there is no justification in expecting any returns."

The author goes on to explain that to make life truly beautiful, one also needs to understand the basic truths with which we are born or the basic instincts inherent in us all. So for a positive outcome one has to learn the psychological or the emotional aspects of life, in other words, the realities of life or the entire philosophy of life. As you get immersed in the potent energy of these 'Life Mantras', you will slowly find a change, a sense of fulfillment, a self-motivation coming in you. You will thus be led to the ultimate realization that the journey of life is indeed a truly blissful and an enlightening experience.

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#### **Ernest Keeler:**

People live in this new moment of lifestyle always try to and must have the free time or they will get lot of stress from both daily life and work. So , if we ask do people have spare time, we will say absolutely of course. People is human not just a robot. Then we question again, what kind of activity do you have when the spare time coming to you actually of course your answer can unlimited right. Then do you try this one, reading ebooks. It can be your alternative with spending your spare time, often the book you have read is usually Life Mantras.

#### **Shirley Hinkle:**

Playing with family within a park, coming to see the marine world or hanging out with buddies is thing that usually you will have done when you have spare time, after that why you don't try point that really opposite from that. One activity that make you not sensation tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of knowledge. Even you love Life Mantras, you can enjoy both. It is fine combination right, you still wish to miss it? What kind of hang-out type is it? Oh occur its mind hangout fellas. What? Still don't obtain it, oh come on its called reading friends.

#### **Margaret Phillips:**

What is your hobby? Have you heard this question when you got college students? We believe that that query was given by teacher on their students. Many kinds of hobby, Everybody has different hobby. And you know that little person similar to reading or as reading become their hobby. You need to know that reading is very important as well as book as to be the factor. Book is important thing to increase you knowledge, except your own teacher or lecturer. You discover good news or update with regards to something by book. Numerous books that can you take to be your object. One of them is Life Mantras.

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