



# How Did That Get in My Lunchbox?: The Story of Food

*Chris Butterworth*

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"Equally informative and appetite-whetting." — *The Horn Book*

One of the best parts of a young child's day is opening a lunchbox and diving in. But how did that delicious food get there? From planting wheat to mixing dough, climbing trees to machine-squeezing fruit, picking cocoa pods to stirring a vat of melted bliss, here is a clear, engaging look at the steps involved in producing some common foods. Health tips and a peek at basic food groups complete the menu.

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