



Delightful Ketogenic Biscuits, Muffins, Waffles & Pancakes: Delightful & Healthy Low Carb Recipes For Fast Weight Loss (low carbohydrate, high protein)

Christine McRae

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ARE YOU READY TO EXPERIENCE THE AMAZING WEIGHT LOSS AND FAT BURNING BENEFITS OF THE KETOGENIC DIET? You've Come To The Right Place!

By Reading This Book You Will Learn How To Cook Delightful Ketogenic Biscuits, Muffins, Waffles & Pancakes you will love! Meal plans and shopping lists too!

Here are Friendly Ketogenic Recipes Including...

- Creamy Berry Muffin.
- Garlic Flavored Biscuits.
- Pepper Flavored Biscuits.
- Healthy'n'Tasty Bread.
- Simple Ricotta Balls of Meat.
- Multi Ingredient Healthy Salad.
- Macaroon-de-Coconut.
- Turkey & Avocado Blast.
- Much, much more!

For a full list of what you can see inside, scroll up and click on the look inside feature and check out the Table of Contents!

Take Action Right Now to Download your copy today!

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Randall Blake:

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James Chavez:

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James Sweeney:

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