



Pure Fruits 52 Juicing Recipes: Look & Feel Great Calories-Sodium-Carbs-Fiber-Sugar-Protein Count For Each Recipe And Much More

Adam Zaer

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This book contains 52 fruit juicing recipes, each recipe includes the following information **CALORIES-SODIUM-CARBS-FIBER-SUGAR-PROTEIN COUNT**, so you can pick the best option for your needs.

Prepare yourself for a very delicious and refreshing juices that will help you get the nutrition that you need plus detoxing and rejuvenating your body.

In this book we will take fruit juicing to the next level, this book contains a wide variety of juices some will be sparkling and refreshing and others will be infused with different herbs that will make you look and feel great, this book is filled with pure and amazing recipes that are very healthy for you and your family; kids will love it too.

If you are new to juicing then this book is a great start for you, it will take you slowly into the wonderful world of juicing and will help you gain more energy and vitality, we will start with fruit juicing and then we will move on into fruit and vegetable mixing.

Take action today and download this book to cleanse your body and lose weight

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Paul Day:

What is your hobby? Have you heard in which question when you got scholars? We believe that that problem was given by teacher to the students. Many kinds of hobby, Every individual has different hobby. And you know that little person including reading or as looking at become their hobby. You should know that reading is very important as well as book as to be the factor. Book is important thing to increase you knowledge, except your personal teacher or lecturer. You see good news or update with regards to something

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